

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <div>HAPPY New Year's</div>	2 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm (T) "The Secret Dare to Dream" Res. Support Group 7pm (TS)	3 Popcorn & Games 2pm (GR)	4 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	5 Book Club 11am (GR) Low Impact Cardio 1pm (FC)	6 OFFICE CLOSED
7	8 Strength & Balance 1pm (FC) Lakapointe Service 2pm (GR)	9 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm (T) "The Wrong Missy" Res. Support Group 7pm (TS)	10 Yoga/TaiChi! 1pm (FC) Popcorn & Games 2pm (GR)	11 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	12 Low Impact Cardio 1pm (FC) Lolly & Pop's Bingo 3pm (GR)	13 OFFICE CLOSED
14	15 Strength & Balance 1pm (FC) Res. Birthday Party 3pm (GR)	16 Flat Iron Grill "B&G" 9am (GR) Movie & Popcorn 2pm (T) "Taken" Res. Support Group 7pm (TS)	17 Popcorn & Games 2pm (GR) Wine Club 6:30pm (PB) *RSVP TO LINDA 951-310-6504*	18 Cont. Breakfast 9am (GR) Bible Study 2pm (TS) <div>Regina Bingo 3:15pm (GR) *BRING \$10 CASH IN SMALL BILLS* 42 Tournament 7pm (GR)</div>	19 Low Impact Cardio 1pm (FC) Pizza night 5pm (GR)	20 OFFICE CLOSED
21	22 Strength & Balance 1pm (FC) Lakapointe Service 2pm (GR)	23 Flat Iron Grill "Omelet Bar" 9am (GR) Spades Tutorial 1pm (GR) Movie & Popcorn 2pm (T) "Taken 2" Res. Support Group 7pm (TS)	24 <div>Shuttle: Cracker Barrel</div> Popcorn & Games 2pm (GR) Yoga/TaiChi! 1pm (FC)	25 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	26 Low Impact Cardio 1pm (FC) Bingo 3pm (GR)	27 OFFICE CLOSED
28	29 Strength & Balance 1pm (FC)	30 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm (T) "Secret Obsession" Res. Support Group 7pm (TS)	31 Popcorn & Games 2pm (GR)			

FC- Fitness Center | GR- Grand Room | T- Theater | TS- Tool Shed | AC- Arts & Crafts Room | P- Pool | PB- Pub