

Sunday

Monday

Tuesday

Wednesday

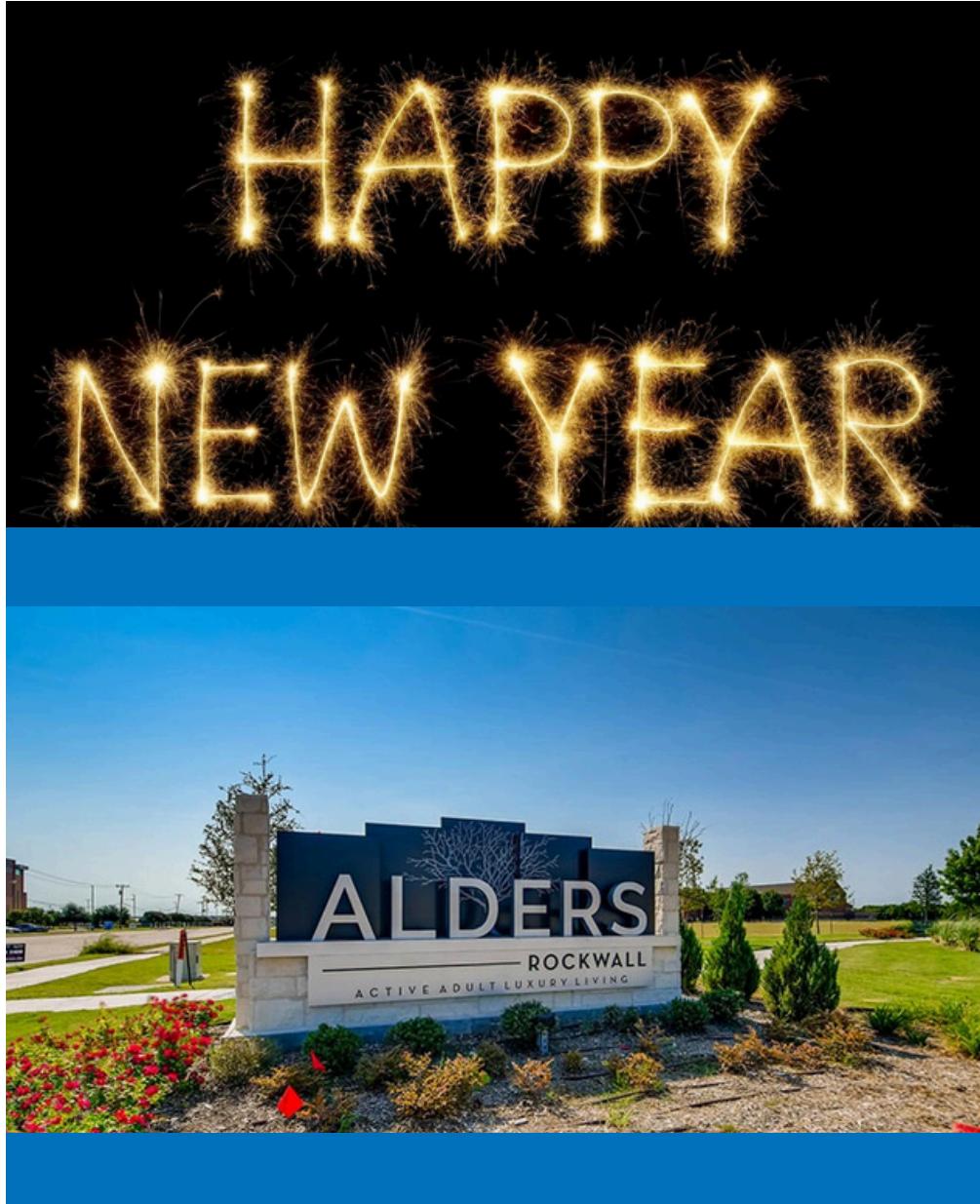
Thursday

Friday

Saturday

- Resident Led
- Team Led
- Vendor Led

				Office Closed	1	Recipe Club 10am (GR) Book Club 11am (GR) Low Impact Cardio 11:30am (FC) New Years Party 3pm (GR)	2	
Office Closed	4 Strength & Balance 11:30am (FC)	5 Cont. Breakfast 9am (GR) Diamond Art 11am (AC) Movie & Popcorn 2pm (T) "Father of the Bride" Resident Support Group 7pm (TS)	6 Ladies Bible Study 9:30am (TS) Line Dancing 1pm (FC) Popcorn & Games 2pm (GR) January Birthday Celebration 2:30pm (GR)	7 Cont. Breakfast 9am (GR) UFO 11am (AC) Tech Thurs. 2pm (C) Farkle 6pm (GR)	8	Low Impact Cardio 11:30am (FC) Recipe Club 12pm (GR) Star Transit Q&A 2:30pm (GR)	9	10 Office Open 10am-5pm
Office Closed	11 Strength & Balance 11:30am (FC)	12 Hot Breakfast 9am (GR) Diamond Art 11am (AC) Movie & Popcorn 2pm (T) "Mama Mia!" Resident Support Group 7pm (TS)	13 Ladies Bible Study 9:30am (TS) Brunch Punch 11am (GR) Popcorn & Games 2pm (GR)	14 Cont. Breakfast 9am (GR) UFO 11am (AC) Cheers & Chords 12pm (GR) Regina Bingo 3pm (GR) Farkle 6pm (GR)	15	Low Impact Cardio 11:30am (FC) Winter Safety 12:30pm (T) BUNCO 6pm (GR)	16	17 Office Open 10am-5pm
Office Closed	18 Strength & Balance 11:30am (FC) Family History Class 3pm (AC)	19 Cont. Breakfast (GR) Diamond Art 11am (AC) Movie & Popcorn 2pm (T) "The Cutting Edge" Resident Support Group 7pm (TS)	20 Ladies Bible Study 9:30am (TS) Line Dancing 1pm (FC) Popcorn & Games 2pm (GR) Wine Down Wednesday 2:30pm (GR)	21 Cont. Breakfast 9am (GR) UFO 11am (AC) Farkle 6pm (GR)	22	Rockwall PD Crime Prevention 10am (T) DIY Craft 11am (AC) Low Impact Cardio 11:30am (FC) Meet & Greet w/ Cole 3pm (GR)	23	24 Office Open 10am-5pm
Office Closed	25 Strength & Balance 11:30am (FC)	26 Hot Breakfast 9am (GR) Diamond Art 11am (AC) Movie & Popcorn 2pm (T) "Twisters (2024)" Resident Support Group 7pm (TS)	27 Ladies Bible Study 9:30am (TS) Popcorn & Games 2pm (GR)	28 Cont. Breakfast 9am (GR) UFO 11am (AC) Tech Thurs. 2pm (C) Farkle 6pm (GR)	29	Low Impact Cardio 11:30am (FC) Bingo 3pm (GR)	30	31 Office Open 10am-5pm



Resident Of the Month

-Les Fowler-

I was born in 1941, the son of a sharecropper on a cotton farm in the Mississippi Delta, later surviving a war, a revolution, and 9/11 before joining my Alders family.

My neighbors don't know about the struggle for survival in the early years before we made our escape to Texas. They don't know that I celebrated my birthday in a village in Viet Nam the night before the Tet Offensive. My neighbors would never guess that I, with my wife and three small sons, fled Iran in January 1979, dodging roadblocks and screaming protestors. The neighbors have no reason to know about my greatest fear and narrow escape while working on a project in Yanbu, Saudi Arabia on September 11, 2001. Neighbors don't communicate much anymore.

There is one person in my neighborhood who knows all of these stories, and more. When we moved to Texas in 1957, Robert lived next door and we graduated high school together. Robert can tell you that I earned a BA in English and a MS in Counseling and became a teacher, marriage and family therapist, and international consultant. He knows how I faced the challenges of raising two gay sons in a very conservative environment in the eighties and that my youngest son was a soloist for the New York City Ballet. Given that I have repeatedly told the story about having an intimate birthday dinner with Natalie Portman in Paris, Robert can probably repeat this story verbatim.

Very few people know about the brutal attack I witnessed as a six-year-old when a white man attacked a Black man with a hammer and how that horrific scene forever influenced my views on the evils of racism. Not even I know what conversations my grandfather Kent had with Mississippi John Hurt, the legendary blues singer and guitar player. I know that I was the only person to have seen a camel ballet in the Saudi Arabian desert. Despite having taught hundreds of adults over the years, the best students I ever had were the village elders in Qui Nhon, Viet Nam. My story hasn't ended...yet.

ALDERS

ROCKWALL

Property Manager

Tre Williams

aldersrockwallmgr@greystar.com

Sales & Lifestyle Coordinator

Ashley Richardson

aldersrockwall@greystar.com

Maintenance Supervisor

Luis Garcia

Housekeeper

Lili Resendiz

OFFICE NUMBER

469-676-0078

Texting: 833-817-6756

MAINTENANCE EMERGENCY

469-676-0078 opt. 3

Leave a message and the on call staff will call back as soon as possible.

OFFICE HOURS

Monday-Friday 8:00am-5:00pm

Saturday- 10:00am-5:00pm

Sunday- Closed

TRASH DAYS

Sunday-Thursday

(No pick-up Friday & Saturday)

Place trash can out no earlier than 4pm. Pickup begins at 7pm.

PEST CONTROL

Every Thursday. Let the office know if you would like service in your home.

Live here
Live well.

See our
lifestyle
for yourself!

