

MAY 2023

PLEASE MAKE NOTE OF OFFICE HOURS CHANGE

SUN. CLOSED	MONDAY 8AM-5PM	TUESDAY 8AM-5PM	WEDNESDAY 8AM-5PM	THURSDAY 8AM-5PM	FRIDAY 8AM-5PM	SAT. CLOSED
	1 Strength & Balance 1pm (FC) "The Chosen" 2:30pm (T) Res. Support Group 7pm (TS)	2 Flat Iron Grill "Pancake Bar" 9am (GR) Movie & Popcorn 2pm (T) "Julie & Julia"	3 Shuttle: Downtown Rockwall 10am Popcorn & Games 2pm (GR)	4 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	5 Book Club 11am (GR) Strength & Balance 1pm (FC) Cinco De Mayo Party 5pm (GR)	6
7	8 Strength & Balance 1pm (FC) "The Chosen" 2:30pm (T) Res. Support Group 7pm (TS)	9 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm (T) "Darkest Hour"	10 Chair Pilates 1pm (FC) Popcorn & Games 2pm (GR)	11 Cont. Breakfast 9am (GR) Mothers Day Event 12pm (GR) Bible Study 2pm (TS)	12 Strength & Balance 1pm (FC) Bingo 3pm (GR) Potluck 5pm (GR) Live Music 5:30pm (GR) "TX Country Boys"	13
14 	15 Strength & Balance 1pm (FC) "The Chosen" 2:30pm (T) Res. Birthday Party 3pm (GR) Res. Support Group 7pm (TS)	16 Flat Iron Grill "Biscuits & Gravy" 9am (GR) Spades Tournament 1pm (GR) Movie & Popcorn 2pm (T) "Spanglish"	17 Popcorn & Games 2pm (GR) Wine Club 6:30pm (GR)	18 Cont. Breakfast 9am (GR) Shuttle: Rosini Vinyard 11:30am Bible Study 2pm (TS)	19 Strength & Balance 1pm (FC) Bingo 3pm (GR)	20
21	22 Strength & Balance 1pm (FC) "The Chosen" 2:30pm (T) Res. Support Group 7pm (TS)	23 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm (T) "Zookeeper's Wife"	24 Chair Pilates 1pm (FC) Popcorn & Games 2pm (GR)	25 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	26 Strength & Balance 1pm (FC) Memorial Day Cookout 5pm	27
28	29 *** HAPPY *** MEMORIAL <i>Day</i> OFFICE CLOSED	30 Flat Iron Grill "Pancake Bar" 9am (GR) Movie & Popcorn 2pm (T) "The Good Nurse"	31 AmeriLife Lunch N' Learn 12pm (GR) Popcorn & Games 2pm (GR)	1 RENT DUE on the 1st If you are interested in setting up auto-pay, stop by the office & we can assist you!	2	3

FC- Fitness Center | GR- Grand Room | T- Theater | TS- Tool Shed | AC- Arts & Crafts Room

CALENDAR EVENT DETAILS

MONDAY'S & FRIDAY'S AT 1PM

Strength & Balance with Shelby takes place on Monday & Fridays at 1pm in the Fitness Center. Sign Ups are NOT required, just show up to participate in this amazing workout class.

MONDAY'S AT 2:30PM

Starting May 1st we will be watching "The Chosen" at 2:30pm in the theater every Monday. Come watch the story of Jesus through the eyes of those that followed him.

MONDAY'S AT 7PM

Join our Resident led Grief Share Group on Monday's at 7 pm in the Tool Shed. No sign ups are required.

TUESDAY'S AT 9AM

Flat Iron Grill will be serving breakfast every Tuesday in the Grand Room beginning at 9am. Breakfast is MADE TO ORDER so there will be a wait time.

TUESDAY'S AT 2PM

Join us in the Movie Theater on Tuesdays to watch movies & eat popcorn!

WEDNESDAY- APRIL 5TH & 26TH AT 1PM

Chair Pilates with Shelby takes place on scheduled Wednesday's at 1pm in the Fitness Center. Sign Ups are NOT required.

WEDNESDAYS AT 2PM

Join your neighbors on Wednesday's to gather & play your favorite games, or learn a new game! Meet in the Grand Room.

THURSDAY'S AT 9AM

Continental Breakfast is served in the Grand Room every Thursday at 9AM. This is a light breakfast (muffins, yogurt, fruit, etc.)

THURSDAY'S AT 2PM-

If you would like to join the resident led bible study it takes place on Thursday's at 2pm in the Tool Shed (3rd floor of the club house)

FRIDAY- MAY 5TH

Book Club will be meeting to discuss the April book "Twenty Years Later". All are welcome to join, whether you read the book or not. The May book will be selected at the meeting.

FRIDAY- MAY 5TH

Cinco De Mayo party at 5pm in the Grand Room. Taco Bar will be provided. Bring your own margaritas or festive drinks!

THURSDAY - MAY 11TH

We invite all Alders Mothers & Mother figures to join us in the Grand Room at 12pm. We will have finger foods, mimosas, & flowers to make your own bouquets.

WEDNESDAY- MAY 3RD & THURSDAY- MAY 18TH

5/3- The shuttle will be going to Downtown Rockwall at 10am

5/18- The shuttle will be going to Rosini Vinyard at 11:30am

Sign up sheet is on the bulletin board

FRIDAY- MAY 19TH & 12TH

Join your neighbors in BINGO! Bingo will be held in the Grand Room.

Bring a small prize for the winners!

However many prizes brought will be how many rounds we play.

WEDNESDAY- MAY 17TH

Wine Club will be hosted Linda Bengard in the Grand Room on 05/17 @ 6:30pm.

Bring your own hors d'oeuvres to share. Please RSVP to Linda @ 951-310-6504.

Please contact Linda for any questions or further details.

FRIDAY- MAY 12TH

Come enjoy food & music! Potluck begins at 5pm (sign ups on the bulletin board) Live Music by The Texas Country Boys will begin at 5:30pm.

FRIDAY- MAY 26TH

Memorial Day Cook out will be 5/26 at 5pm. Alders will provide hotdogs & hamburgers.

Sign up sheet on the BB for grill masters & other dishes.

WEDNESDAY- MAY 31ST

AmeriLife will be sponsoring a Lunch'N'Learn at 12pm. More details & sign up sheet will be posted on the bulletin board once received.