


# SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Book Club 11am (GR) Strength & Balance 1pm (FC)	OFFICE CLOSED 2
OFFICE CLOSED 3  Inez's Bday Bash! 2pm *RSVP to Inez #972-743-6640	4  OFFICE CLOSED *No Alders Events*	5 Flat Iron Grill "Biscuit & Gravy" 9am (GR) Movie & Popcorn 2pm "Jesus Revolution" Res. Support Group 7pm (TS)	6 Water Volleyball 10am (P) Lunch N' Learn 12pm (T) "Libertas- Wealth Manag." Popcorn & Games 2pm (GR)	7 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	8 Shuttle: Rockwall Senior Health Fair Water Volleyball 10am (P) Strength & Balance 1pm (FC)	9 OFFICE CLOSED Mobile Car Detailing *call to schedule ahead* H2O Aerobics 10am
OFFICE CLOSED 10  Cowboys v. Giants 7:20pm	11 9/11 Remembrance 9am (GR) Strength & Balance 1pm (FC) Lakepointe Service 2pm (GR)	12 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm "The Choice" Res. Support Group 7pm (TS)	13 Shuttle: North Park Water Volleyball 10am (P) Popcorn & Games 2pm (GR)	14 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	15 Water Volleyball 10am (P) Strength & Balance 1pm (FC) Bingo 3pm (GR)	16 OFFICE CLOSED
OFFICE CLOSED 17  Cowboys v. Jets 3:25pm	18 Strength & Balance 1pm (FC) Res. Birthday Party 3pm (GR)	19 Flat Iron Grill "Pancake Bar" 9am (GR) Spades Tournament 1pm (GR) Movie & Popcorn 2pm "The Book of Henry" Res. Support Group 7pm (TS)	20 Water Volleyball 10am (P) Voter Registration 1-3pm Popcorn & Games 2pm (GR) Wine Club 6:30pm (GR) *RSVP TO LINDA 951-310-6504*	21 Cont. Breakfast 9am (GR) Bible Study 2pm (TS)	22 Water Volleyball 10am (P) Strength & Balance 1pm (FC)	23 OFFICE CLOSED Mobile Car Detailing *call to schedule ahead* H2O Aerobics 10am
OFFICE CLOSED 24  Cowboys v. Cardinals 3:25pm	25 Strength & Balance 1pm (FC) Lakepointe Service 2pm (GR)	26 Flat Iron Grill "Omelet Bar" 9am (GR) Movie & Popcorn 2pm "Rescued by Ruby" Res. Support Group 7pm (TS)	27 Shuttle: Landon Winery Water Volleyball 10am (P) Popcorn & Games 2pm (GR)	28 Cont. Breakfast 9am (GR) Bible Study 2pm (TS) DIY Fall Craft 3pm (GR)	29 Water Volleyball 10am (P) Strength & Balance 1pm (FC) Bingo 3pm (GR)	30 OFFICE CLOSED

FC- Fitness Center | GR- Grand Room | T- Theater | TS- Tool Shed | AC- Arts & Crafts Room | P- Pool