


SEPTEMBER 2022

SUNDAY CLOSED	MONDAY 8:30AM-5:30PM	TUESDAY 8:30AM-5:30PM	WEDNESDAY 8:30AM-5:30PM	THURSDAY 8:30AM-5:30PM	FRIDAY 8:30AM-5:30PM	SATURDAY 10:00AM-5:00PM
				1 Cont. Breakfast 9am (GR) Chair Yoga 11:15am (FC) Bible Study 2pm (TS)	2 Book Club 11am (GR) Strength & Balance 1pm (FC)	3
4 OFFICE CLOSED	5 OFFICE CLOSED FOR LABOR DAY Prayer Group 10am (TS) Grief Group 7pm (TS)	6 Iron Grill Breakfast 9am (GR) Movie & Popcorn 2pm (T) "The Shootist"	7 Popcorn & Games 2pm (GR)	8 Cont. Breakfast 9am (GR) Chair Yoga 11:15am (FC) Bible Study 2pm (TS)	9 Strength & Balance 1pm (FC) Cowboys & Coronas Event 5pm (GR)	10
11 OFFICE CLOSED Cowboys v. Buccaneers 7:20pm (NBC)	12 Prayer Group 10am (TS) Strength & Balance 1pm (FC) Resident Bday Party 3pm (GR) Grief Group 7pm (TS)	13 Iron Grill Breakfast 9am (GR) Movie & Popcorn 2pm (T) "The Outlaw Josey Wales"	14 Shuttle: Babes Chicken Popcorn & Games 2pm (GR)	15 Cont. Breakfast 9am (GR) Chair Yoga 11:15am (FC) Bible Study 2pm (TS)	16 Strength & Balance 1pm (FC) Bingo 3pm (GR)	17
18 OFFICE CLOSED Cowboys v. Bengals 3:25pm (CBS)	19 Prayer Group 10am (TS) Strength & Balance 1pm (FC) Grief Group 7pm (TS)	20 Iron Grill Breakfast 9am (GR) Movie & Popcorn 2pm (T) "Walk the Line"	21 Popcorn & Games 2pm (GR) Color & Wine Down 4pm (GR)	22  FALL BEGINS! Cont. Breakfast 9am (GR) Chair Yoga 11:15am (FC) Bible Study 2pm (TS)	23 Strength & Balance 1pm (FC) Karaoke 5pm (GR)	24
25 OFFICE CLOSED	26 Prayer Group 10am (TS) Strength & Balance 1pm (FC) Grief Group 7pm (TS) Cowboys v. Giants 7:15pm (ABC)	27 Iron Grill Breakfast 9am (GR) Movie & Popcorn 2pm (T) "True Grit"	28 Popcorn & Games 2pm (GR)	29 Cont. Breakfast 9am (GR) Chair Yoga 11:15am (FC) Bible Study 2pm (TS)	30 Strength & Balance 1pm (FC) Live Music 5pm (GR) "Richard Barry's Neil Diamond Show"	

FC- Fitness Center | GR- Grand Room | T- Theater | TS- Tool Shed | AC- Arts & Crafts Room | P- Pool

CALENDAR EVENT DETAILS

MONDAY'S & FRIDAY'S AT 1PM

Strength & Balance with Shelby takes place on Monday & Fridays at 1pm in the Fitness Center. Sign Ups are NOT required, just show up to participate in this amazing workout class.

MONDAY'S AT 10AM & 7PM

We have 2 new groups beginning this month. Monday's at 10 am will be a resident led Prayer Group in the Tool Shed. Monday's at 7 pm will be a resident led Grief Group in the Tool Shed. No sign ups are required, simply show up to join!

TUESDAY'S AT 9AM-

Flat Iron Grill will be serving breakfast every Tuesday in the Grand Room beginning at 9am. Breakfast is MADE TO ORDER so there will be a wait time.

TUESDAY'S AT 2PM-

Lets celebrate all Cowboys this month by watching the best cowboys in these classic movies! The Shootist, The Outlaw Josey Wales, Walk the Line, & True Grit.

WEDNESDAYS AT 2PM

Join your neighbors on Wednesday's to gather & play your favorite games, or learn a new game! There are several games provided by Alders & other residents. Bring your own game & snack if you would like!

THURSDAY'S AT 9AM

Continental Breakfast is served in the Grand Room every Thursday at 9AM. This is a light breakfast (muffins, yogurt, fruit, etc.). Please wait until 9am to join breakfast.

THURSDAY'S AT 11:15AM

Join our resident led Chair Yoga class in the fitness center every Thursday at 11:15am.

THURSDAY'S AT 2PM-

If you would like to join the resident led bible study it takes place on Thursday's at 2pm in the Tool Shed (3rd floor of the club house).

SEPTEMBER 11, 18, & 26TH-

Let's go Cowboys!!! The cowboys games will be playing in the theater & pub. You're welcome to bring your favorite football snack or drink. Sign ups will be on the BB.

FRIDAY- SEPTEMBER 2ND

Book Club will be meeting Friday Sept. 2nd at 11am to discuss the August book "The Book Woman of Troublesome Creek". All are welcome to join, whether you read the book or not. We will select Sept. book at the end of the meeting.

MONDAY- SEPTEMBER 5TH

The office will be closed for Labor Day on September 5th.

FRIDAY - SEPTEMBER 9TH-

Boot Scoot on down for Cowboys & Coronas Night! Wear your best western attire, we will have country music playing, chili & frito chili pie, & of course Coronas. You are welcome to bring your own dessert if you want.

MONDAY- SEPTEMBER 12TH-

Celebrate all September birthdays with us! We will have cake & ice cream in the Grand Room.

WEDNESDAY- SEPTEMBER 14TH

Alders shuttle is going to Babe's Chicken for lunch. We will leave at 11am. Sign up are on the BB.

WEDNESDAY- SEPTEMBER 21ST-

Let's Color & Wine down together. Alders will provide an assortment of wine & adult coloring supplies.

FRIDAY- SEPTEMBER 23RD-

KARAOKE! Come sing with your neighbors. If you have any particular songs you would like to sing or hear, add them to the list on the BB.

FRIDAY- SEPTEMBER 30TH-

Richard Barry will be performing his outstanding "Neil Diamond Show" on Sept. 30th at 5:30 in the Grand Room.